

Adult Vaccines Protect You, Your Family and Community



- **Protection is not forever** – Some vaccines protect for a short time—even years, but not your whole life. Examples are tetanus, diphtheria and pertussis (whooping cough) vaccines.
- **The virus changes** – The virus can change enough that you will no longer be protected against disease. Influenza is like this. You need a flu vaccine every year.
- **Greater chance of getting a disease** – As people get older, their immune systems weaken and it becomes easier to get diseases like shingles and pneumococcus.

Many vaccines for adults are available at **no or little cost for a limited time** through Local Health Departments

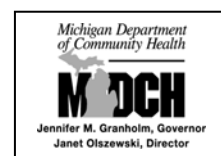
- Tetanus, diphtheria, pertussis (Tdap/Td)
- Measles, mumps, rubella (MMR)
- Varicella, also known as chickenpox (Var)
- Pneumococcal (PPSV23)
- Hepatitis B (hep B)
- Hepatitis A (hep A)
- Zoster, also known as shingles (Zoster)
- Human Papillomavirus (HPV)

If you are 19 years of age or older and have no insurance or have insurance that does not cover vaccines:

Call *District Health Department #4* for details and clinic hours



Alpena County: 989-356-4507
Cheboygan County: 231-627-8850
Montmorency County: 989-785-4428
Presque Isle County: 989-734-4723



*For adults with insurance that covers vaccines (including Medicaid and Medicare):

Talk with your doctor or local health department about where to get vaccines

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